



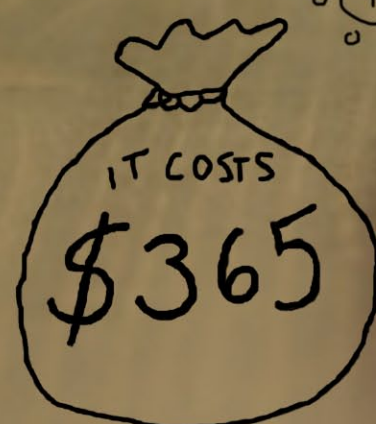
SMOKING ISN'T PRETTY!

CALL US TO QUIT

1-800-QUIT-NOW

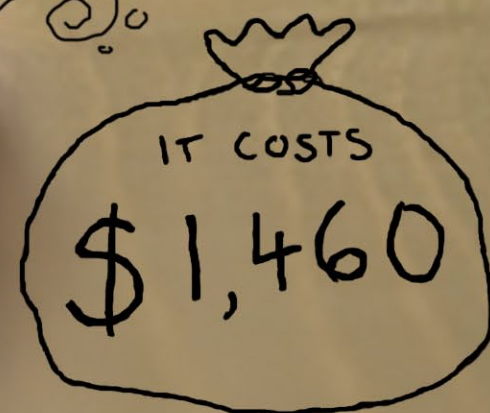
EVERY DAY 8A.M. TO 11P.M.

YOU'LL TALK TO COACHES WHO WILL HELP YOU QUIT. IT'S FREE. AND IT'S TOTALLY CONFIDENTIAL.



IF YOU SMOKE 5 CIGARETTES EVERY DAY FOR 1 YEAR

SMOKING WASTES MONEY



IF YOU SMOKE 1 PACK EVERY DAY FOR 1 YEAR

STOP

WASTING MONEY. CIGARETTES DON'T CONTROL YOU. YOU CAN QUIT.

CALL US TO QUIT

1-800-QUIT-NOW

EVERY DAY 8 A.M. TO 11 P.M.

TOTALLY FREE CALL. TOTALLY FREE COUNSELING. TOTALLY CONFIDENTIAL.



YOU'LL GET:

- * COACHING AND TIPS HOW TO QUIT
- * FREE MATERIALS ABOUT QUITTING
- * A PERSONALIZED QUIT PLAN
- * SOMEONE TO HELP YOU EVERY STEP OF THE WAY

CIGARETTES DON'T CONTROL YOU.
YOU CAN QUIT!

CALL US TO QUIT
1-800-QUIT-NOW

EVERY DAY 8 A.M. TO 11 P.M.

IT'S TOTALLY FREE, CONFIDENTIAL AND NO ONE WILL JUDGE YOU.